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# JOHN ROY COOK, Ph.D., Registered Psychologist

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## CURRICULUM VITAE

### REGISTRATION

College of Psychologists of British Columbia (#1025)  
Canadian Register of Health Service Providers in Psychology (#4705)

### EDUCATION

- 2008                      One Eye Integration (OEI)  
Instructor Training, Dr. Rick Bradshaw and Audrey Cook  
Abbotsford, B.C.
- 2004                      One Eye Integration (OEI)  
Levels I and II, Dr. Rick Bradshaw and Audrey Cook  
Abbotsford, B.C.
- 2003 - 04                Energy Diagnostic and Treatment Methods (EdxTM)  
Levels I, II, III and IV, Dr. Fred Gallo  
Vancouver, B.C.
- 1996 - 97                Eye Movement Desensitization Retraining (EMDR)  
Levels I and II, EMDR Institute, Inc.  
Vancouver, B.C.
- 1992 - 93                Adult Survivors of Childhood Sexual Abuse  
Levels I and II, Justice Institute  
Vancouver, B.C.
- 1989                      Ph.D., Clinical Psychology (APA Accredited)  
University of North Dakota, Grand Forks, ND
- 1988 - 89                Clinical Psychology Intern (2500 hours)  
APA Accredited Pre-doctoral Internship  
Erie County Medical Center, Buffalo, NY

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- 1987 - 88            Clinical Psychology Extern (1000 hours)  
Mental Health Division, Northwest Medical Center  
Thief River Falls, Minnesota
- 1986 - 88            Student Therapist (400 hours)  
Psychological Services Center  
University of North Dakota  
Grand Forks, North Dakota
- 1980                 M.A., Applied Psychology (School Consultant)  
Ontario Institute for Studies in Education  
University of Toronto, Toronto, Ontario
- 1977                 School Psychology Extern (400 hours)  
Behavior Modification Practicum  
Adventure Place  
Children's Day Treatment Center  
Toronto, Ontario
- 1976                 B.Ed., Elementary Education  
University of Western Ontario, London, Ontario
- 1975                 B.Sc., Honours Psychology and Physiology  
University of Western Ontario, London, Ontario

**Employment**

- Since 1995           President and CEO  
Aegis Psychological Services Inc.  
Victoria, B.C.
- 1999 - 2000           Capital Health Region  
Urgent Short Term Ambulatory Team  
Victoria, B.C.
- 1995 - 1996           Sessional Instructor  
Psychology Department, University of Victoria  
Victoria, B.C.

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- Since 1992      Psychologist in private practice  
Victoria, B.C.  
(a) individual, relationship and group psychotherapy  
(b) ability and personality assessment  
(c) clinical consultation
- 1995              Clinical Director  
Victoria Child Sexual Abuse Society  
Victoria, B.C.  
(a) clinical supervision  
(b) program planning and evaluation  
(c) inter-agency liaison
- 1991 - 95        Psychologist  
Royal Jubilee Hospital  
Victoria, B.C.  
(a) inpatient psychiatry  
(b) outpatient services  
(c) graduate student practicum  
(d) consultation to general medicine
- 1990 - 91        Coordinator of Research and Student Placement  
Youth Services Program, Royal University Hospital  
Saskatoon, Saskatchewan  
(a) inpatient psychiatry  
(b) psychiatric day treatment  
(c) group home  
(d) outpatient psychiatry
- 1989 - 90        Assistant Professor  
One-year term appointment  
Psychology Department  
University of Saskatchewan  
Saskatoon, Saskatchewan
- 1988              Instructor  
Human Services Program, Northland College  
Thief River Falls, Minnesota

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- 1986 - 90           Instructor, Extension Department  
University of North Dakota  
Grand Forks, North Dakota
- 1981 - 85           School Psychologist, South East Region  
Child Care and Development Branch  
Manitoba Education, Winnipeg, Manitoba
- 1980 - 81           Teacher of English as a Second Language  
York Region Separate School Board  
Richmond Hill, Ontario
- 1979 - 81           Psychometrist  
York Region Separate School Board  
Richmond Hill, Ontario
- 1976 - 79           Elementary School Teacher (grades K to 8)  
Dufferin-Peel Separate School Board  
Mississauga, Ontario

**Dissertations**

Cook, J. (1980). The effect of infant and parent sex, parent sex-role, and the passage of time on infant movement and behaviour. Unpublished master's thesis, University of Toronto, Toronto.

Cook, J. (1989). The effects of methylphenidate on resource allocation in the mental processing of ADD children. Unpublished doctoral dissertation, University of North Dakota, Grand Forks.

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### **Publications**

- Burd, L., Cook, J., & Randall, T. (1990). The Hand Apraxia Scale. Perceptual and Motor Skills, 70, 219-224.
- Bird, L., Kerbeshian, J., Cook, J., Bornhoeft, D. M., & Fisher, W. (1988). Tourette Disorder in North Dakota. Neuroscience and Biobehavioral Reviews, 12, 223-228.
- Cook, J., & Burd, L. (1990). A preliminary report on the construction and validation of a pediatric sleep disturbance questionnaire. Perceptual and Motor Skills, 70, 259-267.
- Cook, J., Mausbach, T., Burd, L., Gascon, G. G., Slotnik, H. B., Paterson, B., Johnson, R. D., Hankey, B., & Reynolds, B. W. (1993). A preliminary study of the relationship between Central Auditory Processing Disorder and Attention Deficit Disorder, Journal of Psychiatry and Neuroscience, 18(3), 130-137.
- Cook, J., & Tyler, J. (1989). Help-seeking attitudes of North Dakota farm couples. Journal of Rural Community Psychology, 10(1), 17-28.
- Cook, J., & Wiesendanger, M. (1976). Input from Trigeminal cutaneous afferents to neurones of the Inferior Olive in rats. Experimental Brain Research, 26, 193-202.
- Dodd, J., Burd, L., & Cook, J. (1990). The Functional Time Estimation Questionnaire. Novato, CA: Academic Therapy.

### **Professional Organizations**

Canadian Psychological Association  
American Psychological Association  
British Columbia Psychological Association

### **Area of Specialization**

Individual and group cognitive behaviour therapy (CBT) for depression, anxiety (including acute and posttraumatic stress), and pre-psychotic conditions associated with bipolar disorder and schizophrenia.