

Sad Lamp Rental Policy

Early morning applications of phototherapy have been shown to be safe and effective in treating many cases of Seasonal Affective Disorder (SAD). However, it is the responsibility of anyone leasing or purchasing a Sad Lamp from Aegis Psychological Services Inc. to inform their physician of their intention to undergo phototherapy, and be aware of possible side effects from light exposure. The reason for checking with a physician is that the family physician will be aware of any medical problems (e.g., taking photo sensitive drugs, diseases of the eye) that would contraindicate exposure to strong light. Side effects from phototherapy are relatively rare. However, if you notice any of the following, inform your physician and discontinue phototherapy:

- x** headaches
- x** eye strain
- x** irritability
- x** over activity
- x** insomnia
- x** nausea
- x** dizziness
- x** fatigue
- x** dryness of the eyes
- x** dryness of nasal passages and sinuses
- x** sunburn-type skin reaction

Your signature below indicates that you understand this information and accept responsibility for the consequences resulting from using the Sad Lamp.

Client:	(signature)	(printed name)	(date)
Parent/Guardian or Legal Representative:	(signature)	(printed name)	(date)
Witness:	(signature)	(printed name)	(date)